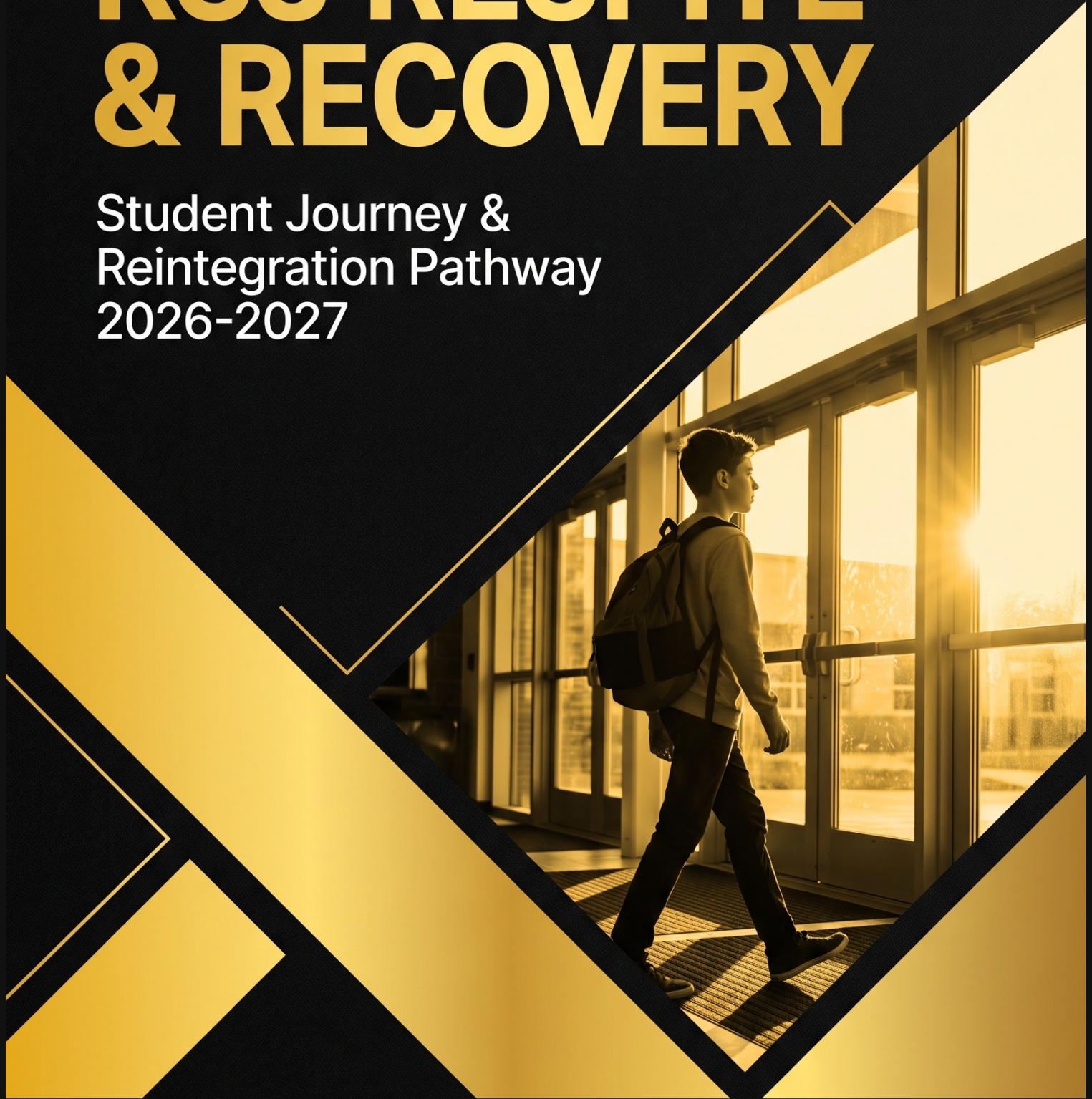


EVOLUTION EDUCATION

KS3 RESPITE & RECOVERY

Student Journey &
Reintegration Pathway
2026-2027



A guide for schools, families and students

Programme Purpose

STABILISE. REBUILD. RETURN.

The KS3 Respite & Recovery Programme is a short-term intervention programme of 6 to 12 weeks, designed for students whose placement in mainstream school has become unsuccessful due to Social, Emotional and Mental Health (SEMH) needs, behavioural concerns, emotionally based school avoidance, attendance difficulties or other barriers to learning.

Unlike a traditional Alternative Provision placement, the purpose of this programme is not long-term education. Its primary aim is to **stabilise the young person, rebuild confidence and prepare them for a successful return to mainstream school.**

Our objectives

- Re-engage students with education
- Improve attendance and punctuality
- Develop emotional regulation
- Improve Behaviour for Learning
- Increase confidence and resilience
- Improve relationships with peers and adults
- Identify barriers to learning
- Support successful reintegration into mainstream education

Placement principles

- Placements normally last **6 weeks**, with an extension to **12 weeks** only where evidence demonstrates that additional intervention is likely to improve reintegration outcomes.
- All students remain **dual registered** with their home school throughout the placement.

The Student Journey

FROM REFERRAL TO A CONFIDENT START

Every placement follows a clear, structured journey with defined stages, review points and decision-making throughout.

Referral	Rapid Response Panel Referral considered and placement agreed in principle.
Pre-Start	Admissions Meeting Face-to-face meeting with student, parent/carer, commissioning school and Evolution Education. Home-Centre Agreement signed. Expectations, safeguarding, curriculum and Behaviour for Learning explained.
Week 1	Assessment & Induction Student begins on a reduced timetable within Focused Learning. English, Maths and SEMH baseline assessments completed alongside Student Passport, ILP, Risk Assessment and Health & Safety Plan where appropriate.
Week 2	Observation & Planning Behaviour, attendance, engagement and learning observed. Personalised timetable developed and gradually increased where appropriate.
End of Week 2	Placement Review Review meeting determines whether the placement is suitable and whether the student progresses onto the main programme.
Week 3	Reintegration Planning Meeting Where students are making expected progress, we meet with the commissioning school to begin planning a phased reintegration. A personalised reintegration timetable is agreed collaboratively between Evolution Education, parent/carer, commissioning school and student, normally beginning with one reintegration day each week and increasing incrementally.
Week 6	Review Meeting Formal review with all partners. Option A: student successfully returns to mainstream school. Option B: placement extended to a maximum of 12 weeks with enhanced intervention and revised reintegration targets, agreed only where evidence supports it.



WEEKS 3 TO 6

The Respite & Recovery Curriculum

Students access a personalised curriculum designed to rebuild confidence, improve engagement and prepare for reintegration.

Core learning

- English
- Mathematics

Personal development

- PSHE & RSHE
- Emotional Health & Wellbeing
- Citizenship
- AQA Unit Awards

Creative & practical

- Art & Design
- Food & Nutrition

Digital & STEM

- ICT & Digital Skills
- STEM & Everyday Science

The weekly offer at a glance

- English: daily
- Mathematics: daily
- Morning Check-In & Preparation for Learning: daily
- Daily Review & Reflection: daily
- PSHE & Emotional Health: weekly
- Citizenship: weekly
- Art & Design: weekly
- Food & Nutrition: weekly
- ICT & Digital Skills: weekly
- STEM & Everyday Science: weekly
- Sport & Physical Activity: weekly
- AQA Unit Awards: weekly
- 1:1 Mentoring: minimum once per week
- Small Group Mentoring: as required



PERSONALISED TO EVERY STUDENT

Enrichment & Daily Structure

Students access enrichment according to their interests, personal targets and SEMH needs. Throughout the programme students also complete AQA Unit Awards linked to personal development, resilience, teamwork and life skills.

Enrichment options include

- Sport & Physical Activity
- Weekly 1:1 Mentoring
- Small Group Mentoring
- Board Games & Social Skills
- Wellbeing Activities
- Team Building Challenges
- Personal Development Projects
- Community Engagement Activities

Every day follows a consistent structure to support routine, emotional regulation and readiness to learn.

Morning Check-In & Preparation for Learning

- Welcome and registration
- Emotional wellbeing check-in
- Attendance and punctuality review
- Daily timetable overview
- Behaviour for Learning expectations
- Equipment and uniform check
- Personal target setting
- Celebration of previous successes

Daily Review & Reflection

- Reflecting on learning and achievements
- Reviewing Behaviour for Learning targets
- Celebrating successes and positive choices
- Rewards and recognition where appropriate
- Identifying areas for improvement
- Setting personal targets for the next day
- Preparing positively for transition home

Extended Support: Weeks 7 to 12

ENHANCED INTERVENTION WHERE THE EVIDENCE SUPPORTS IT

Weeks 7 to 9

Enhanced Intervention & Reintegration

Students continue to receive a personalised curriculum, weekly mentoring, SEMH interventions, AQA Unit Awards, family support, increased school contact and continued phased reintegration. Fortnightly review meetings continue throughout this period.

Week 9

Rapid Response Review

All students remaining on programme beyond Week 6 are presented to the Rapid Response Panel to determine the next stage and allow sufficient planning time. The panel considers attendance, behaviour, engagement, academic progress, SEMH progress, reintegration progress, student voice, parent feedback, school feedback, risk assessment and placement suitability.

Weeks 10 to 12

Final Reintegration Phase

Focused preparation for a successful transition back into mainstream education: increased attendance within the home school, joint planning meetings, student transition meetings, parent meetings, review of successful strategies, preparation of final reports and handover of intervention strategies.

Week 12

Final Reintegration Meeting

Final review involving Evolution Education, parent/carer, commissioning school and student where appropriate, with a full handover pack provided.

The Week 9 panel will agree one of the following

- Continue with the agreed reintegration plan and prepare for a full three-week reintegration programme.
- Implement a revised reintegration programme with additional support.
- Recommend that the Local Authority considers an alternative placement where mainstream reintegration is unlikely to be successful.
- Request additional multi-agency involvement where appropriate.



WORKING TOGETHER

Reintegration & Ongoing Support

Reintegration is a partnership. Every stage is planned, reviewed and supported jointly with the student, their family and the commissioning school.

At Week 12, Evolution Education provides

- Reintegration Report
- Student Passport
- Individual Learning Plan
- Behaviour Summary
- Attendance Report
- English Progress Data
- Mathematics Progress Data
- Thrive/Boxall Progress Summary
- AQA Unit Awards Achieved
- Successful intervention strategies
- Recommendations for ongoing support

Where reintegration has not been successful despite appropriate intervention, the case is referred back to the Rapid Response Panel with recommendations to the Local Authority regarding future provision.

Post-reintegration support: up to six weeks

- Weekly progress emails
- Telephone contact where appropriate
- School liaison visits where agreed
- Advice regarding strategies and reasonable adjustments

The aim is to maximise the likelihood of sustained reintegration.

Expectations of commissioning schools

- Maintain weekly contact with the student
- Nominate a named Link Person
- Attend all review meetings
- Support phased reintegration
- Implement agreed strategies after reintegration
- Work collaboratively with Evolution Education

Measuring Success

EVIDENCE AT EVERY STAGE

Academic progress

- English: baseline to exit assessment
- Mathematics: baseline to exit assessment

SEMH progress

- Thrive/Boxall outcomes
- Emotional regulation
- Behaviour for Learning

Engagement

- Attendance
- Punctuality
- Lesson engagement

Personal development

- Student voice
- Parent feedback
- School feedback
- AQA Unit Awards achieved

Reintegration outcomes

- Successful return to mainstream school
- Sustained attendance
- Reduction in behaviour incidents
- Positive six-week follow-up
- Improved confidence and readiness for learning

Programme Outcomes

By the end of the programme, every student will have:

- A clear reintegration plan
- Improved attendance and engagement
- English and Mathematics progress data
- A completed Student Passport
- An Individual Learning Plan (ILP)
- SEMH assessment outcomes
- Risk assessments and support plans where required
- A portfolio of AQA Unit Awards
- A Reintegration Report shared with their home school
- Agreed strategies for a sustained return to mainstream education

Stabilise. **Rebuild.** Return.

Referrals and enquiries

Contact our team to discuss a referral or request a placement discussion.

Evolution Education

Phone: 07944 985698

Email: admin@evolution-sportsgroup.com

Web: evolution-education.com

All students remain dual registered with their home school throughout the placement. This brochure describes our KS3 Respite & Recovery Programme for the academic year 2026-2027.